

NAME_____ AGE_____

REASON(S) FOR FOLLOW-UP APPOINTMENT_____

CURRENT MEDICATIONS (INCLUDE ALL OVER-THE-COUNTER MEDS AND DOSAGES, SUPPLEMENTS, HERBS)

ANY RECENT SIGNIFICANT CHANGE IN YOUR MEDICAL HISTORY (IF YES, PLEASE EXPLAIN)?

REVIEW OF SYMPTOMS (CIRCLE ALL THAT APPLY TO YOU):

- achy joints
 - constipation
 - diarrhea
 - loss of appetite
 - shortness of breath
 - low sex drive
 - low back pain
 - neck pain
 - dizziness
 - dry eyes
 - swollen glands
 - dry skin
 - lumpy breasts
 - other(s)--please explain

- palpitations
 - heartburn
 - nausea
 - night sweats
 - persistent fatigue
 - blood in stools
 - painful urination
 - headaches/migraines
 - memory loss
 - restless legs
 - varicose veins
 - hair loss
 - nipple discharge

- chest pain
 - abdominal pain
 - vomiting
 - hemorrhoids
 - insomnia/poor sleep
 - blood in urine
 - urinary incontinence
 - skin/nail problems
 - hearing loss
 - anxiety/depression
 - hot flashes
 - pain with sex
 - acne

- allergies (itchy, sneezy, runny, and/or stuffy)
 - difficulty with swallowing
 - unexpected significant weight gain/loss
 - need to urinate during sleep _____# times/night
 - poor exercise tolerance
 - frequent urinary tract infections
 - difficulty with erections
 - cold hands and/or feet
 - vaginal itching/discharge
 - recurrent yeast infections
 - bleeding between menstrual cycles
 - bleeding with sex
 - pelvic pain (not necessarily with sex)

EXAMINATION (or unchanged from last visit dated _____)

●Blood pressure _____

●weight _____

●pulse _____

●height _____

●HEENT--normal or _____

●Neck--normal or _____

●Thyroid--normal or _____

●Lungs--normal or _____

●CV--normal or _____

●Abdominal--normal or _____

●Breasts--normal or _____

●Extremities--normal or _____

●Other _____

LABS/TEST RESULTS _____

ASSESSMENT/PLAN (USE BACKSIDE FOR ADDITIONAL INFORMATION):